

Managing Feelings for Parents

Overcoming Compassion Fatigue

This course assists parents to identify compassion fatigue and to acknowledge their own feelings and responses to children with Developmental Trauma. 'Inspire' believe that this is a fundamental keystone to being able to implement any subsequent strategy effectively. This course will give a deeper understanding of Secondary Trauma, self-recognition, and an ability to act in the future to avoid compassion fatigue.



For Groups/Organisations

Face to Face

Course Length: 4 hours

Group Size: 0 – 15

Course Fee: From £750 plus VAT

Group Size: 16 – 30

Course Fee: From £1200 plus
VAT

*Plus, travel and accommodation
If above 30 attendees, please enquire.*

Webinar

Course Length: 3 Hours

Course Fee: £700 plus VAT

Group Size: Up to

500 Platform: Zoom

*Additional 7 days 'Watch it Later'
access.*