

Therapeutically Managing Violent Behaviour - In Children and Adolescents

We offer parents whose children can be violent, which may result in harm to themselves or others, a law and guidance-based framework, with specific strategies to manage all situations safely, therapeutically, and effectively. We aim to give parents the confidence to deal with difficult situations and a clear understanding of the core legal principles including the role of disengagement and containment strategies in response to a child who is being violent.

Learning Outcomes:

Day 1

- To understand why children might be violent.
- To be able to avoid causing or unnecessarily escalating conflict.
- To understand the benefits of empathic listening
- To recognise what our children's behaviour is communicating to us
- To effectively de-escalate conflict therapeutically
- To recognise triggers for our children and us and how to reduce our vulnerability to them.
- To be able to persuade others to co-operate using distraction and persuasion techniques.

Day 2

- To recognise when a situation is becoming dangerous and how to respond to violence.
- To stay safe in crisis situations
- To have the ability to confidently deal with verbal abuse.
- To have the ability to manage difficult conversations.
- To know what to do when words alone fail.
- To end an interaction in a better place than where it started
- To remain respectful and professional no matter where an interaction ends up.

For Groups/Organisations - Face to Face

Course Length: 2 days

Course Fee: From £1500 plus VAT

Group size: 0 - 15 attendees.

Plus, travel and accommodation.